

Feeling isolated and unprepared, the reluctant first lady is secretly miserable

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# JESSICA BIEL

in Elie Saab Haute Couture Jan. 8.

# GINA RODRIGUEZ

in beaded fringe Naeem Khan Jan. 8.

# MANDY MOORE

in textured crepe Solace London Dec. 11.

# KRISTEN BELL

in sequin Jenny Packham Jan. 8.

DREW BARRYMORE in a \$7,995 Monique Lhuillier Jan. 8.



EMMY ROSSUM in velvet Giorgio Armani Dec. 11.

GABRIELLE UNION in metallic chiffon Thakoon Jan. 5.

MICHELLE MONAGHAN in Vivienne Westwood Couture Jan. 5.

LEIGHTON MEESTER **MADISON** in pleated crepe in sequin Amato Couture Nov. 20. Galvan Jan. 8.



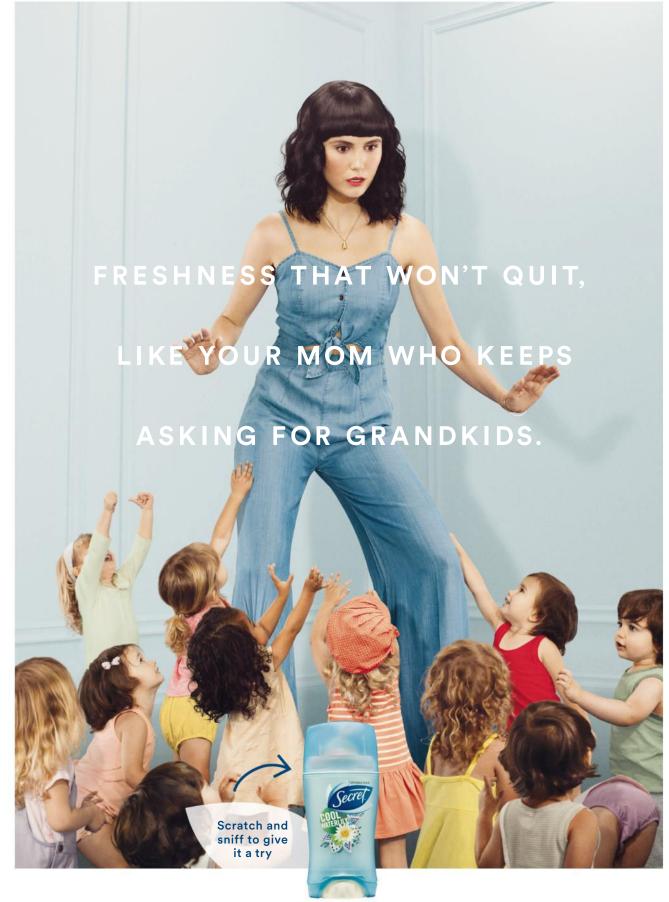








USMAGAZINE.COM 3 By Hannah Deely



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STRESS TESTED FOR WOMEN

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# WHAT THE STARS SAID THIS WEEK

"Being a working mom is an incredible challenge. It's an incredible gift....I'm barely, barely holding it together." On raising Rose, 2,

OSE TALK

— SCARLETT JOHANSSON

"No dairy, no fun, no flavor.... I've been doing straight tequila. . . . The cavemen loved tequila."

On his paleo "caveman" diet.

JESSE TYLER FERGUSON

"Everyone asks for the salad dressing on the side and then they get it and just dump the whole thing all over it."

**BOB SAGET** 

"I love to see him happy and I love that he's getting old." On husband Joe Manganiello's 40th birthday,

SOFÍA VERGARA

"I can't stand what they think is reality.... There are 17-year-olds who look older than me. That freaks me out." On social media's influence on her young fans,

SELENA GOMEZ

"Online dating translator: 'Free spirit' means 'I don't have a job."
WHITNEY CUMMINGS





"I think it's useful in life to have an impossible crush that just sustains you. Like a small plant you water every day, it grows a little bit."

MINDY KALING

"I suppose I could teach him a lot about what not to do." On getting son Silas, 22 months. into show business.

JUSTIN TIMBERLAKE

"We talk about a lot of things we want to see more women doing. You can only say that so many times before you say, 'I'm a woman; what's stopping me from doing this?"" On gender inequality,

AMERICA FERRERA

"We played it cool for about 10 minutes. Then I was like, 'You're really cute.'" On her first date with Zayn Malik,

GIGI HADID





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## / FEBRUARY 27, 2017 /

# INSIDE

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Beyoncé bared her baby bump, Adele went home with the top three awards, and other highlights from the music industry's biggest night

### **58 THE RELUCTANT FIRST LADY**

Thrust into a role she never anticipated, Melania Trump struggles to balance mounting D.C. responsibilities with her desire to be just a regular mom of son Barron

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George Clooney always said fatherhood wasn't for him — but that was before he met his wife! Now the couple are doubly thrilled to be expecting twins

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Striking gold! CeeLo Green introduced his over-the-top new persona, Gnarly Davidson, on the red carpet.

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# YOU don't know retinoids

# BUT IF YOU STILL HAVE ACNE, YOU SHOULD.

cne as an adult? It shouldn't happen, right?
Well, it does. Over 50 million Americans suffer from it annually. So...you're not alone. But before you head into that board meeting sporting your three-piece suit and your latest breakout, there's one acne-fighting ingredient that you should try (that you most likely haven't yet): RETINOIDS.

# YOU'RE PROBABLY ASKING YOURSELF, "WHAT IN THE WORLD ARE RETINOIDS?"

Well, retinoids work like vitamin A, which is an important building block for healthy skin, so they've become the basis for many acne medications.

# WAIT A SEC, ARE RETINOIDS THE SAME THING AS RETINOL?

The names sound familiar, so they're easy to mix up. But here's the scoop: retinol is a type of retinoid, but isn't really used to treat acne, unlike the much more powerful retinoids.

# WHAT WILL THEY DO FOR MY ACNE? AND HOW ARE THEY DIFFERENT FROM THE OTHER ACNE STUFF I'VE TRIED??

First off, almost every other product on the shelf has been made with the same stuff: benzoyl peroxide and salicylic acid. So not only are retinoids a different ingredient, they work completely differently. Retinoids, like that in new



Differin® Gel (the FIRST and ONLY retinoid acne product to be available over the counter!), target two of the primary causes of acne. They regulate skin cell turnover AND reduce inflammation deep in the skin to prevent pimples, blackheads and clogged pores before they occur. So they're working at the source!

## SO HOW DO I USE THEM?

Unlike spot treatments, retinoids should be applied to your entire face on a daily basis. Use a moisturizer to minimize dryness, and if you're in the sun, apply sunscreen. Think of it as your new routine, because even after your skin looks clearer, it's important to continue use to keep those breakouts away.

### OK, BE HONEST. WHAT CAN I EXPECT??

Retinoids take a few weeks to start to work, and during this time, you might experience some dryness and irritation while your skin gets used to them. So, it could feel like it's getting a little worse before it gets better. But, like your old track coach used to say, "You just gotta push through it!" And for those who don't get any of these pesky side effects, it doesn't mean that the retinoids aren't doing their job.

# THE BIGGEST NEWS IN ACNE IN 30 YEARS



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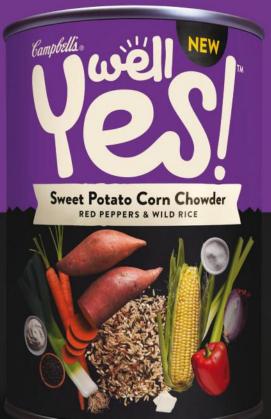


Finally, there's a new acne-fighting ingredient on the shelf. One that you could only get from a doctor...until now. New Differin® Gel has a multi-benefit RETINOID called adapalene that clears your acne where it starts and prevents future breakouts to restore your skin's tone and texture.





# Flavors? Thours? Ingredients? Anything?







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# Date Night Das

# with Jen Saviano

It's all in the preparation! Whether you're dating Mr. Right or Mr. Right Now, looking (and feeling!) your best is essential to a great night out. Jen Saviano shares her tried-and-true tips, starting with new **Olay DUO** for touchably soft skin.

# Lather Up Smooth, exfoliated skin

Smooth, exfoliated skin is a date night must. I love new **Olay DUO**: a dual-sided body cleanser that exfoliates, cleanses and smoothes skin. Plus, its orchid and black currant scent is irresistible.





Smooth side conditions for touchably soft skin

# Get Glowing

I always apply an illuminator to my upper brows and cheekbones. It catches the light for a subtle shimmering effect that's perfect for those candlelit dinners!

## Dress For You

Choose an outfit that makes you feel your best. My favorite date night look is a simple little black dress. It makes me feel classy, sexy and confident.

# Skip the Red Lip

There are enough things to stress over on a first date—lipstick on your teeth shouldn't be one of them.
Go for a more kissable neutral color instead.

# Leave Time to Unwind

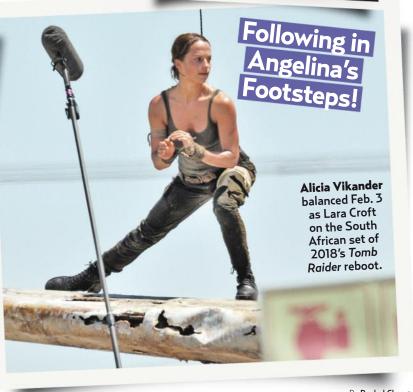
Instead of rushing out the door in a nervous frenzy, leave yourself 30 extra minutes to chill out. I like to put on some tunes, pour a glass of wine and let any pre-date jitters subside.

For more from Jen, check out misslifestyler.com

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36 | FEBRUARY 27, 2017 By Talia Ergas



Cats Can't Resist™







In January 2014, Church & Dwight filed a civil suit against SPD Swiss Precision Diagnostics GmbH, manufacturer of Clearblue®, alleging false and misleading advertising. On July 1, 2015, The United States District Court for the Southern District of New York ruled in favor of Church & Dwight. The Clearblue® Advanced Pregnancy Test with Weeks Estimator detects pregnancy and estimates weeks since ovulation. The product's estimate of weeks since ovulation is different from a doctor's estimate of how many weeks a woman is pregnant, which is based on the first day of the last menstrual period. A copy of the Court's Opinion including these findings can be found at http:// www.clearblueeasy.com/pdfs/CD\_vs\_SPD\_Weeks\_ Estimator\_Court\_Order\_of\_1\_July\_2015.pdf.















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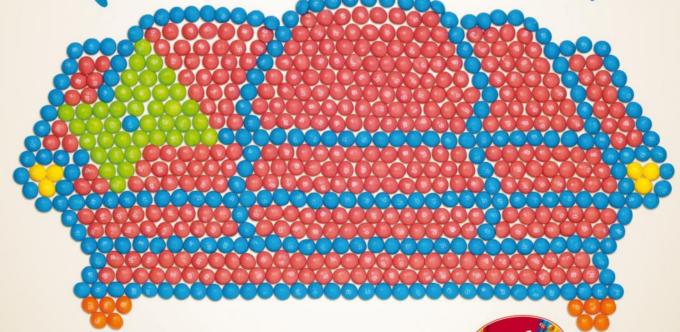
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Make a CKITILED OUCH. THEN HAVE YOUR Conque search & Loose CHANGE.



CREATE THE RAINBOW.

TASTE THE RAINBOW.



# Phaedra's Rich Life

Phaedra Parks' 6-year-old son, Ayden, knows how to steal the (reality) show. When Bravo's The Real Housewives of Atlanta (Sundays, 8 P.M.) shoots at their Atlanta mansion, "he's like, 'I'm here! Where's my special mic? Let's get started," says Parks, also mom of Dylan, 3 (with ex Apollo Nida). "He's a ham. Every room is his stage!" The single lawyer, 43, dishes more.

Q: Is Dylan an extrovert like Ayden? Dylan's a homebody. He doesn't like crowds. I asked what he wanted for his birthday and he said, "Some barbeque ribs and red velvet cake."

Q: What kind of mom are you?

I talk to the boys like adults — and they use it against me. They'll say, "This is sabotaging me." I'm like, "Sabotage? Where did you pick up that word?" Dylan says, "From you!"

Q: How do you enforce rules?

We do a point system. Dylan empties the little trash and Ayden makes the beds. If they get enough points, we can go to the toy store after church.

Q: Any time for dating?

I'm open. I'm a Biblical type of woman, so I think it's good when a man finds a woman. If he finds Phaedra, then I'm ready!

1. Parks and her boys cheered on the Atlanta Falcons Jan. 22. 2. "All treats with my sweets," the reality star captioned this Halloween shot. 3. First grader Ayden (bottom, in November) "plays chess and golfs twice a week," notes Parks. "Dylan loves museums and the aquarium."





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# HotHollwood

verjoyed." That's how Madonna described the feeling of adopting 4-yearold twins Esther and Stella from Home of Hope, the Malawi orphanage where she met son David in 2006. The 58-year-old pop icon confirmed in a February 8 Instagram that the sisters — whose mom died days after giving birth and whose dad is unable to support them — are "part of our family." A Malawian caregiver will help the twins, who cannot speak English, transition to the star's \$40 million

MADONNA

TWIN RAYS
TOF LIGHT

NYC townhouse. Promises a friend of the Grammy winner, "She will give the girls an amazing life." **FAMILY TIES** Though they left behind five older siblings, Esther and Stella have gained four in Lourdes, 20, Rocco, 16, and 11-year-olds David and Mercy (also adopted from Malawi). "They love the twins," says the Madonna source, who notes that Lourdes and her mom met them on a volunteer trip last July for Madonna's nonprofit, Raising Malawi. "When Madonna said she wanted to adopt, her kids were all for it."



Madonna (in London

Sept. 15) at

first denied the

adoption Jan. 25 for "security

reasons,"

explains the

source.

# Live With Kelly, It's...

Ripa has had 64 cohosts since Michael **Strahan**'s May 13 exit. *Us* asked 100 fans outside her NYC TV studio who should stick around

### → MARK CONSUELOS ………

Yes, he has a day job (playing a baseball general manager in Fox's Pitch), but Kelly Ripa's "baby daddy," 45, brings irresistible banter. On February 8 she chided the blushing actor for being "mean" postsex.

## → ANDY COHEN .....

Part of the A.K.A. best-friend trio (Andy, Kelly, Anderson Cooper), the host of Bravo's Watch What Happens Live, 48, is so close with Ripa that he once sent her a "d--k pic" of a potential paramour.



### → SCOTT WOLF

Three kids. A New Jersey childhood. The Night Shift actor, 48, has much in common with the host. But they part ways at pizza. Their December 8 discussion: Ripa eats crust first; Wolf rolls!

### → TAMRON HALL

Both blindsided by network announcements, Ripa and Hall (who quit Today February 1) could team up. The New York Post reported a friend encouraged Hall, 46, to "throw [her] hat in the ring!"

### → JERRY O'CONNELL

Will wax brows for laughs: "To work next to Kelly Ripa would be anyone's dream," the game-for-anything 16time cohost, 42 (and husband of Rebecca Romijn), told Us in May. "I'm Team Kelly."



Eight years is enough for **Nick Cannon**. When America's Got Talent returns for season 12 in late spring, it may have a new host. The actor, 36, alleged on Facebook February 13 that network execs threatened to fire him after he used a slur "about my own race" when joking about NBC on his February 10 Showtime comedy special, Stand Up, Don't Shoot. In his post — which Cannon shared without consulting people closest to him, claims an insider — the dad of Moroccan and Monroe, 5, refuses to work with those who "censor artists," no matter the pay. "My moral principles will easily walk away from the millions."

**DREW BARRYMORE** 

# A Close Call on Set

**Drew Barrymore** tells Us she recently endured a frightening accident during rehearsals for her new Netflix comedy, Santa Clarita Diet. When the actress, who plays a zombie, tried to jump on a victim's back, she lost her grip on the actor and smacked her head on the pavement so hard that she got a concussion. "I had MRIs and CAT scans for two days in the hospital," the mom of two, 41, recalls. "I almost died." Despite the scare, costar **Timothy Olyphant** had a feeling she'd be OK. Noting that she was treated at the local Santa Clarita, California, hospital, he guipped to Us: "That's not where famous people die."



# **Hot**Hollywood



**Jennifer Aniston** hasn't grown out of sunbathing in Mexico. The Yellow Birds actress, 48, and husband Justin Theroux flew friends Courteney Cox and fiancé Johnny McDaid to Cabo San Lucas, a destination she visits every year, on a private jet to

celebrate her February 11 birthday. At the \$11,000-a-night, four-bedroom Villa Cortez (part of the One & Only Palmilla resort), the group lounged on chaises, swam in an infinity pool and cooled off with wet towels delivered by a 24-hour butler. Theroux, 45, "was taking pictures of Jen on his phone and looking back at them and smiling," says an onlooker. After the revelers did yoga and got spa treatments at the 8,500-squarefoot spread, a chef arrived to prepare fish, ceviche and grilled vegetables. The centerpiece, according to the source: "A colorful arrangement with a sombrero balloon!"





- Bella Thorne (above left) and pal Kyra Santoro celebrating the launch of the new Monster Ravebox at a post-Grammy party in L.A.
- Mel B splitting two pasta dishes with daughters Angel, 9, and Madison, 5, at Tony's Di Napoli in NYC.
- Ashton Kutcher and Mila Kunis making out at a table during their dinner date at Ink in L.A.
- Jason Bateman carrying 5-year-old daughter Maple into the elevator at Soho House in West Hollywood.
- Chris Pine rocking out to Metallica with a friend at Grammy Week's Citi Sound Vault Series in Hollywood.
- Julianne Moore enjoying a salad and white wine with husband Bart Freundlich at Bar Pitti in NYC.
- Adriana Lima snapping a selfie with Emily Ratajkowski at Jason Wu's fashion show at NYC's St. Regis hotel.
- Hilary Duff hugging Ashley Tisdale at a Training Mate class in L.A.
- Owen Wilson biking with a friend down Main Street in Santa Monica.

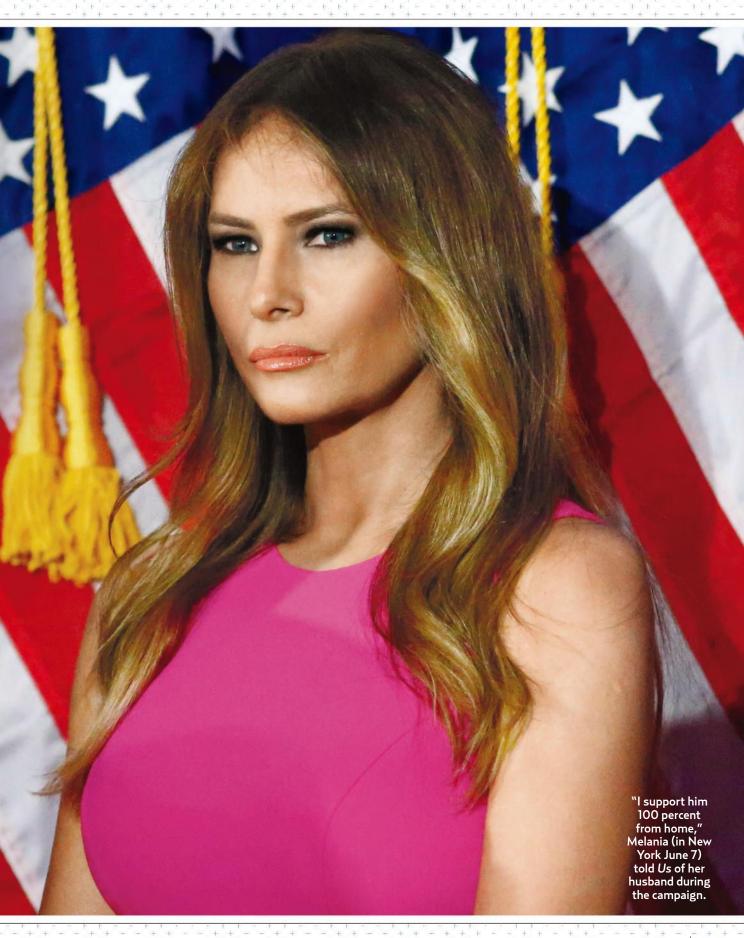
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# rstlan

America said, "You're hired!" And **Melania Trump** was swept into a public life filled with responsibilities she never anticipated — or wanted

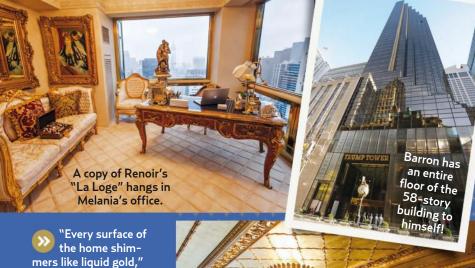
elp was a phone call away. Eager for favorable press after several controversies (the botched rollout of the immigration ban, a Twitter attack on a judge), Donald Trump's advisers turned to New York City-based first lady Melania. The White House team reasoned that photos of smiling citizens enjoying tours at 1600 Pennsylvania Avenue, set up by the first lady's office, could help put a friendly face on the new administration. A family source claims staffers asked Melania — who remains 200 miles away with son Barron, 10, as he finishes the school year — to come to Washington, D.C., and resume the tours, which typically have a lag period during transitions. Says the source, "She was told, 'All you need to do is show up on one day and take photos.'" Melania vetoed the request.

While her husband clearly relishes wielding his power as the 45th president, the newly minted first lady is struggling with the realities of her new role and the scrutiny that comes with it. "This life wasn't her dream. It was Donald's,"



# Melania's NYC Hideaway





Architectural Digest once rhapsodized of the first family's triplex penthouse in Trump Tower. Inspired by Louis XIV's Palace of Versailles, the 30,000-square-foot space, designed by the late Angelo Donghia in 1982, features 24-karatgold accents and marble throughout. Home is where the heart is. Melania told Us last year that she and Donald bond while shopping for antiques: "We love to do that when there's time."





Trump family friend, stylist Phillip Bloch, tells *Us.* "Truthfully, it's a lot to cope with." Indeed, her unconventional living arrangement — after the inauguration, she didn't set foot in D.C. again for 21 days — has already made her a late-night punch line. (Jimmy Kimmel quipped February 8 that she's "trapped like Rapunzel" in her Trump Tower penthouse.) Vogue faced boycott threats after editor Anna Wintour said February 9 that she expected Melania to appear on a future cover. And her libel lawsuit against U.K. paper Daily Mail, which she claims harmed her "unique, once-in-a-lifetime opportunity...to launch a broad-based commercial brand," has opened her up to criticism that she intends to cash in on the presidency. The deluge has reportedly become too daunting for the deeply private Sevnica, Slovenia, native, who moved to the United States in 1996 to launch a fashion career - not to preside over the East



Wing. "Melania is unhappy with how her life ended up," alleges a family source. "She is miserable."

### D GILDED CAGE

Since inauguration day, Melania has spent most of her time holed up in her lavish apartment. Never a fixture on the NYC social scene, "she is staying hidden more," claims Bloch. (During her first week on the job in 2009, Michelle Obama hosted an open house for select members of the public, plus a party for White House staffers.) According to a family source, not even Barron can get her out the gold-plate front door. Pre-inauguration, Melania would shuttle her son in a chauffeured SUV to and from his private school. But that was before picketers took up residence outside her building. Now, claims the source, "Melania has the Secret Service take Barron to school and retrieve him." After school, he doesn't venture out much either. Says the source, "He does his homework, plays and watches cartoons."

Melania has left her \$100 million apartment a handful of times. But aside from one outing to run errands January 30, she has usually headed to her other (luxurious) home. The first lady joined Donald at Mar-a-Lago, their estate in Palm Beach, Florida, the weekend of February 3. She went the following weekend too — with a quick pit stop in D.C. to catch a ride on Air Force One with Donald and Japanese Prime Minister Shinzo Abe and his wife, Akie. "Melania says she's most happy at Mar-a-Lago," says a source close to the first lady. "She loves Palm Beach!"

In familiar surroundings, she happily played hostess February 11. It was a conspicuous contrast to the previous day, when the most important woman in Japan was left to tour various spots in the nation's

capital minus the traditional first lady escort. (Both Laura Bush and Michelle Obama accompanied Akie on previous visits.) While their husbands talked policy over a round of golf February 11, Melania and Akie visited Bethesda-by-the-Sea church — where the Trumps wed in 2005 - and strolled around Morikami Museum and Japanese Gardens in Delray Beach. "Don't let her smile in those photos fool you," claims the source. "She hates this." A Melania source counters that "she is very happy with her life and supporting her husband and family."

In fact, adds the source, Melania "is very much embracing the role and responsibilities of first lady." Though she hasn't moved the needle on her anti-cyberbullying platform, she has hired a social secretary and chief of staff, and will resume White House tours March 7. "The White House is a remarkable and historic site,"



# Is the Dinner Ruined?

The White House Correspondents' Association Dinner, an annual gathering of journalists, stars and politicians, including the president, is in ieopardy. Though the WHCA tells Us the April 29 event — typically emceed by a comedian — is still on,

some in the media are calling for a boycott due to Donald Trump's attacks on the press. "Let the ratingsand crowd-obsessed narcissist freak address an empty ballroom," wrote US News & World Report's opinion editor Robert Schlesinger. The New

Yorker and Vanity Fair have both canceled afterparties. but Full Frontal's Samantha Bee will host a Not the White House Correspondents' Dinner. For press members who happen to be free that same night. she said: "We want to feed them and give them hugs."



Melania tells Us, "and we are excited to share its beauty and history."

# **DENTER IVANKA**

When FLOTUS is unavailable, Donald's daughter Ivanka often steps in. On February 1, the 35-year-old mom of three - who said on ABC News January 19, "There is one first lady, and she'll do remarkable things" accompanied her dad to Delaware, where they met with the family of slain Navy SEAL William "Ryan" Owens. As for Melania's focus, she told *Us* last year, "Barron is the priority for now. He needs me at this age."

Avoiding the spotlight is a bonus. The family source believes Melania, the first foreign-born first lady since Brit Louisa Adams nearly 200 years ago, is still smarting from criticism of her speech at the Republican National Convention last July. Accused of plagiarizing her predecessor, Melania felt like a "laughingstock," says the source. "Nobody on Donald's team told her that speech was cribbed from Michelle Obama."

Gigi Hadid's impression of Melania's heavily accented English at the American Music Awards last year also hit a sore spot. The first lady speaks five languages fluently but "is self-conscious of her accent," alleges the source. "She was horrified when the world made fun of her." (The Melania source says she "embraces" her accent.) Kate Andersen Brower,

author of First Women: The Grace and Power of America's Modern First Ladies, believes there's an "added pressure for Melania to appeal to more Americans" since English isn't her first language. "I can see where she might feel that acutely."

## DOORS CLOSED

Jokes about her speech were only the beginning. After the election, a number of designers, turned off by Donald's policies, announced they wouldn't dress the 5-foot-11 stunner. Among the "No, thanks" crew: Tom Ford, Marc Jacobs and Philip Lim. For the onetime fashion model, it felt like a slap in the face from her peers. "It isn't about people dressing her," claims the source. "She has enough money to dress herself. She is upset that she has been shunned." (Not by everyone, though. Ralph Lauren outfitted her for the inauguration.)

Hollywood, too, has turned its back. Melania, who once strutted the carpet at events such as *Vanity Fair*'s Oscar afterparty, "always hobnobbed with celebrities," says the source. (A-list guests at her wedding included Katie Couric, Kelly Ripa and Tony Bennett.) But with stars such as Meryl Streep and Madonna speaking out against Donald, "that entire world she used to enjoy," asserts the family source, "is closed to her."

### **DSTAYING PUT**

One thing still in her power: opting not to move. Though the White House insists Melania and Barron will relocate to D.C. in June when he finishes school, multiple sources claim she will remain in Manhattan. "Melania is never moving," predicts a school insider. Suggests the family source, "She will come up with an excuse to stay in New York."

Bloch applauds his pal's decision to forge her own path. "Her life has drastically changed from what she thought it would be," he tells *Us*. "I admire her for not giving in to pressure and being cautious in her actions. She has to be."

# FLOTUSes for Change!



# MICHELLE OBAMA

The Harvard and Princeton grad, now 53, took action - literally — with 2010's Let's Move! to tackle childhood obesity. The program pushed for healthier and more affordable public school lunches as well as 60 minutes a day of physical activity. Another A-plus plan: Let Girls Learn, her 2015 initiative with Barack, helped young women worldwide go to school.



Her highly publicized restoration of the White House, which began when John took office in 1961, turned 1600 Pennsylvania Avenue into a museum, complete with antique wallpaper depicting America's Revolutionary War. Also a proponent of the arts, the late icon

conducted a 1962 TV tour of the revamped property that drew 80 million viewers.



Her top priority: orphaned and abandoned children. Hillary, now 69, who laid the blueprint for husband Bill's 1997 Adoption and Safe Families Act, has tweeted the law "helped thousands of kids find loving families." She also worked on 1999's Foster Care Independence Act, giving 18-year-olds aging out of the system access to health care and job training.

HILLARY CLINTON



The late wife of 38th POTUS Gerald brought breast cancer out in the open to, in her words, end the "fears of being less of a woman" by publicly detailing her 1974 mastectomy. She applied the same candor to her battle with alcohol and prescription drugs, ultimately founding the Betty Ford Center for substance abuse rehabilitation in 1982.



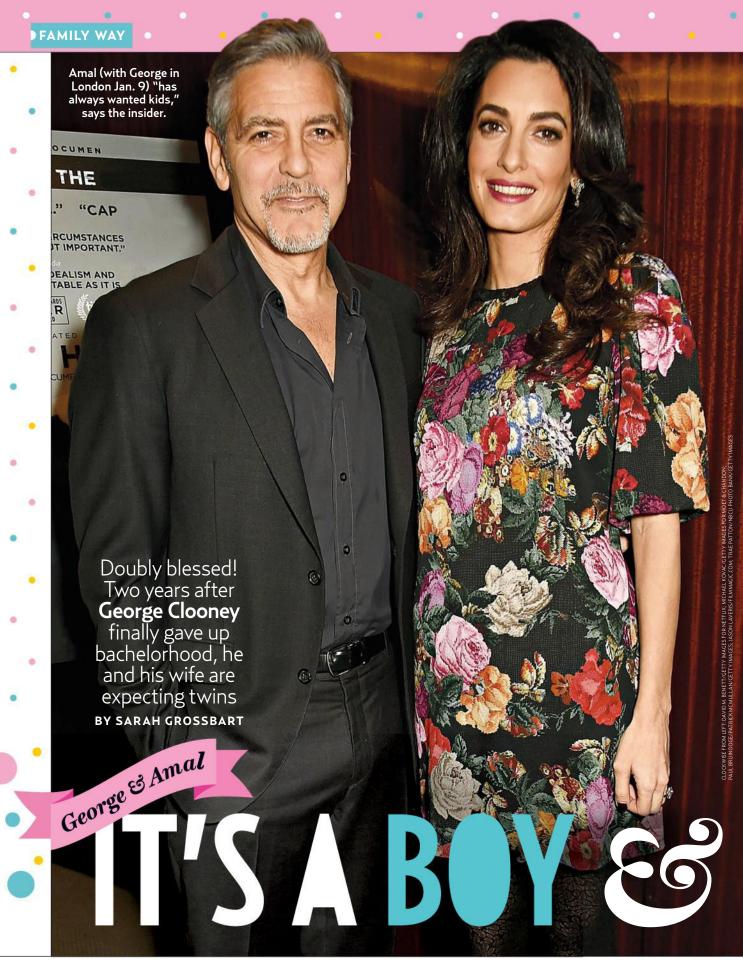
# LAURA BUSH

A former teacher and librarian, George W.'s wife dedicated her 2001-2009 years to advancing education. The Texan, now 70, was a staunch advocate of the president's historic 2002 reform, the No Child Left Behind Act, and teamed with the United Nations on global literacy programs. Another lasting legacy: She cocreated the National Book Festival!



# **NANCY REAGAN**

**During husband Ronald's** 1981–1989 term, she coined the slogan "Just Say No" for her crusade against drug and alcohol abuse. (The approach was later criticized.) In addition to enlisting the Girl Scouts to reach America's youth, the ex-actress (who died in 2016) appeared on the sitcom Diff'rent Strokes (left) and the soap Dynasty to promote her cause.



or years, dating George Clooney came with a caveat. A girlfriend could be his movie premiere plus-one and relax in his 22room villa on Italy's Lake Como as long as she accepted his two nonnegotiables: no marriage, no kids. Citing his failed four-year union to actress Talia Balsam (the pair split in 1993), he'd insist he simply wasn't husband or father material. "I keep saying I'll never get married again or have children," he explained to a U.K. newspaper in January 2014, four months after he began romancing human-rights lawyer Amal Alamuddin, "but people just don't want to believe me."

Love can change a man. Just more than two years after the Oscar winner, 55, wed the woman he once dubbed "superextraordinary," the couple are expecting twins, a girl and a boy, due in June. They wasted no time sharing the news with his mom, Nina, and dad, Nick. "They told us together and it was lovely," Nina revealed to *Us* February 10. "We are extremely happy for George and Amal." No one is more thrilled than the *Money Monster* actor and his Oxford-educated bride, 39. "George never thought he'd be a dad, but Amal changed that," says a Clooney insider. "He's so happy he found the right person. Now he's a family man and a devoted husband."

### **PREP WORK**

The pair's journey to parenthood was challenging. An insider says the couple began trying to get pregnant shortly after their September 2014 Venice, Italy, vows. (In a speech during the three-day extravaganza,

her dad, Ramzi Alamuddin, implored the newlyweds, "Now it's time for the grandchildren!") Explains the Clooney insider, "They struggled a bit, and then did IVF."

Now the couple — who split time between New York City, L.A. and England — are readying for their arrivals. They've selected a London hospital for the birth (plus an NYC backup!), says a Clooney source. And they earmarked one of the nine bedrooms in their newly renovated 17th century Oxfordshire, England, manor to be a nursery. "They haven't decorated it yet," notes the source. "They don't want to jinx anything."

As a precaution, Amal "is not overexerting herself," says the source. The Lebanese-born attorney — she has advised former U.N. Secretary-General Kofi Annan and represented WikiLeaks founder Julian Assange — has begun winding down casework. After maternity leave, Amal — who keeps an office in their sprawling home on the River Thames — will return to the law with help from her mom, journalist Baria Alamuddin, says the source: "They won't hire a nanny."

Friends are volunteering advice. Ocean's Eleven costar Matt Damon revealed on Entertainment Tonight Canada February 9 he informed George of "the 12-week rule" when told last fall that Amal was eight weeks along. Recalled Damon, "I said, 'Are you out of your mind? Don't tell anybody else!" Still, Damon conceded the Clooneys "are going to be awesome parents. Those kids are lucky." Mom Nina agrees, telling Us, "I cannot imagine two people who would be better parents."

# Joining the Mom Člub



WHITNEY PORT Blogging about her pregnancy February 9, the Hills alum, 31 (wed to development exec was "seriously crazy" to have a person in her belly.



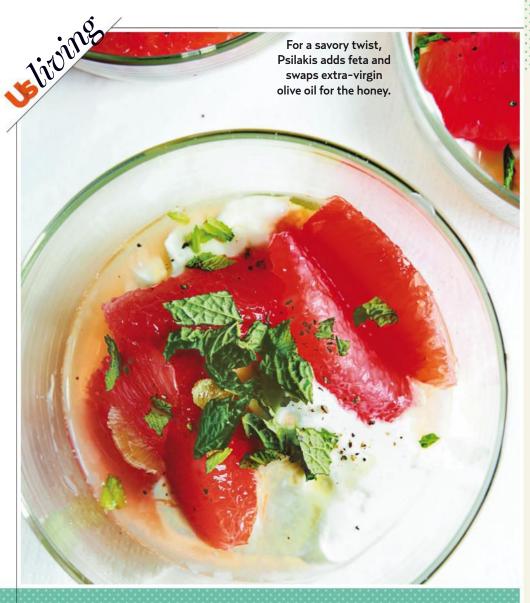
**HANNAH JETER Seven months** postvows, the model, 26, wrote in The Players' Tribune she's expecting a girl with ex-New York Yankee Derek, 42, hinting he already has a favorite name: "He's set on it."



CHELSEA PERETTI Three days gram pregnancy reveal, the actress, 39, posted she's expecting with husband Jordan Peele, 38, writing: "beyonce schmonce."



ROSIE HUNTINGTON-WHITELEY Baring her bump in a bikini, the model, 29 (due this summer), she and fiancé Jason Statham, 49, are parents-to-be.



# FRUIT WITH PUNCH

Chef **Michael Psilakis** capitalizes on peak seasonal citrus with this healthy sundae riff

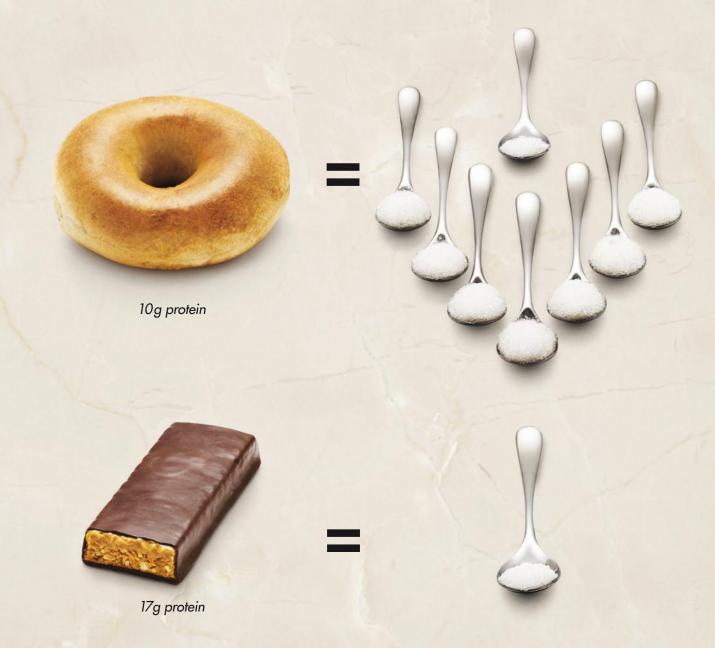
Growing up Greek, Food Network regular Michael Psilakis ate a Mediterranean diet. But as an adult, juggling work and family often meant scrapping the seafood- and produce-centric meals for faster, less nutritious

options. So he started prepping staples, such as roasted tomatoes and garlic confit, on Sundays and weaving them into quick dishes during the week. The Kefi chef's success inspired his new cookbook, *Live to Eat*. One trick: Amp up Greek vogurt with precut slices of tangy citrus. Says the New Yorker, "Using two or three types ensures a balance of sweet and bitter."

# Citrus Salad With **Greek Yogurt** SERVES 4

- 1 ruby red grapefruit, segmented, with its iuices
- 1 Cara Cara or other navel orange, segmented, with its juices
- 1 key lime, segmented, with its juices
- 16 ounces Greek yogurt Sea salt Fresh ground black pepper
  - 1 tbsp honey
  - 8 mint leaves, roughly chopped
- Combine the grapefruit, orange and lime segments and their juices in a bowl.
- Spoon the yogurt into each of 4 dessert bowls. Divide the citrus mixture and juice among them and season with salt and pepper.
- Orizzle the honey on top and garnish with the mint.





# They say you are what you eat. So which one are you?

Eating that bagel has the same effect on your blood sugar as eating over seven teaspoons of sugar.\* Surprising, right? We call it the "Hidden Sugar Effect." But that delicious Atkins Bar? Its effect is about a ½ teaspoon of sugar. We reduced the carbs but not the deliciousness.

Find out more about "hidden sugars" at Atkins.com/journey.



\*Based on a glycemic load calculation, which is the blood glucose-raising potential of a food.



# CASUAL ELEGANCE

"The addition of leather pants to a button-down make me look put-together whether I'm dropping my son off at school or going to a meeting."



# URBAN GLAMOUR

"Cutouts on the sides of the jumpsuit show a little bit of skin. Platforms, sunglasses and gold hoop earrings take the sexiness to the next level!"



# BOHEMIAN COOL

"The A-line silhouette of the skirt tricks the eye into making legs look skinnier. I'd pair this with a simple hat and T-shirt for a nice stroll."



Converse leather sneakers, \$80, six02.com



It's dawned on Hollywood to swap sleepy loose waves for long-lasting, pro-created styles — or shorter cuts



# EMILY **RATAJKOWSKI**

A no-commitment take: Pro Christian Wood pinned up Ratajkowski's shoulder-length hair Jan. 8.

# NINA **DOBREV**

She received an 8-inch chop by pro Riawna Capri for her Jan. 9 birthday, then debuted it the next day.





SUNDAY 2/19

# **Big Little Lies**

Sex, money, murder . . . plus **Reese** Witherspoon, Nicole Kidman and **Shailene Woodley**? With such potent ingredients, this probing human drama cuts to the heart. Written by **David E.** Kelley from Liane Moriarty's novel, the seven-part Lies starts off dishy: Someone's skull was bashed at a gala

in rarefied Monterey, California. Then flashbacks show how the town's biggest rivalry — self-righteous crusader Madeline (Witherspoon) vs. smug internet honcho Renata (Laura Dern) could turn deadly. In one electrifying showdown, the moms spar over a production of Avenue Q! With a mounting sense of dread, the mordantly observed Lies unveils the sadness that tinges all its characters' pressure-cooker

existences. Newcomer Jane (Woodley), a poor single mom, feels less-than. And, as frank scenes reveal, Madeline's friend Celeste (Kidman, devastatingly sympathetic) has an abusive husband (Alexander Skårsgard). The entire cast, so believable in each emotional exchange, astonishes throughout. As the core trio confront their shinyunhappy world, it's impossible to turn away. (НВО, 9 р.м.) JOHN GRIFFITHS

# | 📥 TELEVISION ||

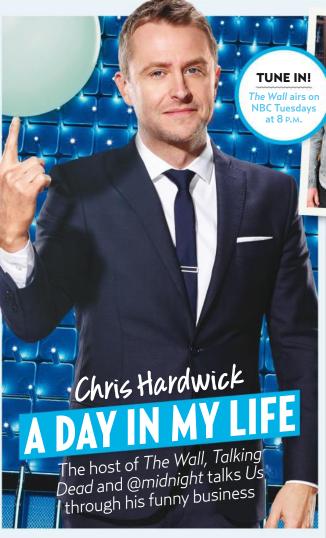
### 6:30 а.м.

**HEALTHY START** After rising and checking emails and the news February 7, Chris Hardwick heads to his favorite diner in L.A.'s Los Feliz. "I order the same thing every day: egg whites, turkey sausage, avocado and black beans," he says. "Also, orange juice and a decaf coffee. I like the ritual of a hot drink."



FIRST SET Hardwick, 45, meets trainer of 12 years Tom J. Deters for one of three weekly sessions. Says the comedian, "I show up, he says, 'How do you feel?' I tell him, from 1 to 10, and he improvises." Afterward, Hardwick grabs a Starbucks chai latte without water en route to his writers' meeting for Comedy Central's @midnight.





WORK TALK For his weekly "Nerdist" podcast, the

Kentucky native catches up with Keanu Reeves (right) at West Hollywood's London Hotel. As they discuss the John Wick 2 actor's eclectic résumé, Reeves confesses, "I like doing weird s--t."

MIDDAY MEAL Hardwick arrives on the @midnight set. Lunch consists of a protein shake, though he

admits to being tempted by craft services at times: "I get happy-mad when I see they made grilled cheese and tomato soup. I'm like, 'I can't not have that!'"

**ACTION SHOT** An efficient 20-minute rehearsal precedes the hourlong taping, where "it's basically just me and my friends making jokes about the internet," he admits. Tonight, competitors Josh McDermitt. Katie Aselton and Seth Morris (top right) earned points name-checking

Betsy DeVos, Dance Dance Revolution and Venmo.

**THUMB EXERCISE** He livetweets The Wall, his NBC quiz show that allows pairs to win up to \$3 million: "I still get emotional about what's happening even when I know how it's going to turn out," he says.

**OPEN MIC** "Stand-up is one thing that, no matter what, I will always do" — hence, this set at the Comedy Store in Hollywood!

# 9 P.M.

**FINAL ACT** At home with wife **Lydia Hearst**, the pair enjoy dinner ("She makes the s--t out of a steak!") and a horror flick. By 11:30, Hardwick says, "we're down for the count."



What Hollywood is buzzing about this week

# EVERYTHING

Julia Roberts loves YA author Jeff Giles' work. His latest novel: a dark tale of a Montana teen who gets brutally attacked in a blizzard. (\$19, amazon.com)





# ODERNECHILD

During a trip to Paris last spring, Tori Spelling's daughters, Stella, 8, and Hattie, 5, wore pink tutus from this online kids' boutique. (From \$14, modernechild.com)

# **ALEX AND ANI** NECKLÄCES

The eco-conscious bangle brand also makes sterling silver, 14-karat-gold and diamond pendants. Heidi Klum recently wore one! (From \$38, alexandani.com)



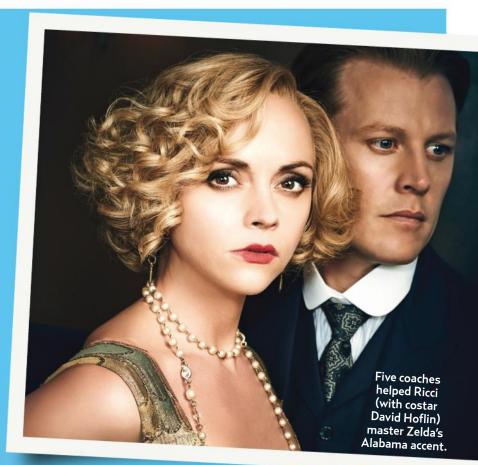
Donald Glover said the Atlanta trio, known for the hip-hop hit "Bad and Boujee," are "the Beatles of this generation." Get their album, Culture, now. (\$10, itunes.com)





### **POWER FABRIC FOUNDATION**

This SPF 25 mattefinish liquid from the Giorgio Armani beauty line Chrissy Teigen uses stays put for 16 hours! (\$64, giorgioarmani beauty-usa.com)



# A GREAT TRANSFORMATION

Christina Ricci dishes about turning into Great Gatsby author F. Scott Fitzgerald's glamorous wife, Zelda

aring all to play Zelda Fitzof Everything was easier than it looked for Christina Ricci. "I had on a hair bikini [bottom] that was like underwear, so for me it was just a topless scene. I've done a million of those!" says the 37-year-old, who stars as the iconoclastic flapper and writer in the Amazon Prime series (now streaming). But what did her husband, grip James Heerdegen, think? "He was like, 'That's a really big merkin.'" The mom of son Freddie, 2, gabs about her daring role with Us. : How do you relate to Zelda? Without sounding obnoxious, I've

also been out there, kind of wild and

also misunderstood for it. At first I shared the common misconception that she was a crazy alcoholic woman who ruined F. Scott Fitzgerald's life. But as I read about her, I saw they a typical dysfunctional marriage.

O: Those 1920s getups were a trip! era because it's very opulent and almost disgustingly overboard. You'd see jackets made out of monkeys!

O: Did your son see you dolled up? Yes. I'd pick him up and my beaded dresses were so scratchy. He would shout, "Take off that dress, Mom!" Will you do more period projects? I'd rather do some sci-fi! IAN DREW



### **SUNDAY 2/19** <sup>©</sup> **LONG ISLAND MEDIUM**

Christening season 7, reality psychic Theresa Caputo connects Empire's Ta'Rhonda **Jones** with her murdered cousin. Mo'Nique, meanwhile, is visited by hero Richard Pryor. (TLC, 8 P.M.)

### MONDAY 2/20 == **AMERICAN NINJA** WARRIOR ALL-STARS

In this two-hour special, past finalists — including Jessie "Wonder Woman" Graff and fellow Las Vegas athlete **Grant** McCartney — climb, swing and balance through a megaobstacle course. (NBC, 8 P.M.)

# ON THIS W

### **MONDAY 2/20** ~ THE BREAKS

Last year's hit TV movie about three hopefuls on NYC's 1990 hip-hop scene grows into a series. In the premiere, manager's assistant Nikki (Afton Williamson) still dreams of shaping stars herself, but her immediate concern is getting pal DeeVee (Mack Wilds) out of jail. (VH1, 9 P.M.)

### **MONDAY 2/20** =



# **BATES MOTEL**

Deranged Norman (Freddie **Highmore**) and his relationship with his dead mom

(Vera Farmiga) fuel the Psycho tale's last round. Rihanna (left) will be checking in as doomed Marion Crane! (A&E, 10 P.M.)



### TUESDAY 2/21 **IMPOSTERS**

Another smooth criminal! Uma Thurman joins this enticing cat-and-mouse drama for four episodes. Poor con artist Maddie (Inbar Lavi): The cute guy she's falling for (Stephen Bishop) is distracting her from her next target. So the mastermind behind her operation calls in Lenny (Thurman), a cunning fixer known for making people, um, go away. (Bravo, 10 P.M.)

### TUESDAY 2/21 ~ **STRANDED WITH** A MILLION DOLLARS

Shades of Survivor: Ten adventurers brave Fiii's jungles. armed with \$1 million. Unhappy campers can pay \$30,000 for a tent or \$5,000 for dronedelivered pizza — but whatever cash is left after 40 days is theirs to keep. (MTV, 10 P.M.)

## FRIDAY 2/24 MAMA JUNE: FROM NOT TO HOT

Cheered on by daughter Alana (a.k.a. Honey Boo Boo), "Mama June" Shannon sets out to drop some of her 352 pounds. Is a gastric sleeve the answer? (We TV, 10 P.M.)





OPENS FRIDAY 2/17

# A Cure for Wellness

If a movie were graded on how well it establishes a heightened state of weirdness, this would win an Oscar. As a spooky thriller, it's a baffling disappointment. Lockhart (Dane DeHaan) is an NYC businessman who travels to a mysterious spa in the Swiss Alps to fetch his company's CEO. It's a place where pasty elderly folks walk around in white robes like vacant-eyed zombies. Yet this hotshot is excruciatingly slow on the uptake. (Gee, is there a reason why the camera constantly zooms in on the water the clients must drink for their "treatment"?) Squeamish moments — such as live eels emerging from the gut of a dead deer — come at the expense of a coherent plot. And when a girl is raped (at the two-hour mark), the film becomes more ghastly than ghostly. MARA REINSTEIN

# **WEIGHT LOSS**

The link between sugar consumption and increased body fat has long been known. Too much sugar in the diet promotes more insulin, the fat storing hormone, and thus more body fat.



ecently an Italian study of a sugar-blocking supplement showed significant weight loss results.1 The supplement, called Zuccarin, produced on average 20 pounds of weight loss, in the 90 day study.



The subjects lost 10% of their body weight and lost 3 times the weight of the control group, who were also on a 1300 calorie controlled diet, but not taking the Zuccarin supplement. In addition, the subjects also experienced healthier blood sugar levels after using Zuccarin.

The explanation for the weight loss is that Zuccarin uses mulberry leaf extract and chromium to promote healthy blood sugar levels. Mulberry leaf has shown to reduce the absorption of sugars in the foods we eat. When these sugars are undigested, our blood sugar stabilizes and, according to experts, weight loss can occur.

1- "White Mulberry Supplement as Adjuvant Treatment of Obesity", Journal of Biological Regulators and Homeostatics Agents., Vol 28, no.1, 2014

# Walgreens Walmart.com

amazon.com



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"I read about Zuccarin in a magazine and since I have blood sugar issues, I started taking this supplement. I have taken it for 2 years now and can't imagine being without it. I have seen my blood sugar levels stabilize and I have even lost 25 pounds since starting. I have recommended Zuccarin to a lot of my friends and they are now experiencing the same good results as I have. I love this product."

Elenor C. Miami, FL.



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# HOW TO: **FIX CREPE SKIN**

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\*Weight lost on prior program. Expect to lose an avg of 1-2 lbs

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If you're not satisfied with your first order, call 1-800-727-8046 within the first 14 days and send the remaining food back for a full refund, less shipping. Good on new 4-week plans, first order

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# ASHION In NYC Feb. 8. In London In Houston Feb. 1. Feb. 4. BRITISH ACAD FILM AWARDS **Fanatics** anatics ics

# **AMBER VALLETTA**

# BERNHOLTZ >

When in doubt of what to wear, just grab satin sheets and twist. WEISHOLTZ > I'm issuing an Amber alert. MANNING-SCHAFFEL > How is she with a sailor's knot?

# KATE BOSWORTH

MILLER > Luckily, she already started ripping off that thing. BERNHOLTZ > Talk about a cold shoulder! WILLIAMS > She must've gotten

this for half off.



by Justin Timberlake circa 2000. WEISHOLTZ > An eclipse isn't the only thing unsafe to look at. MILLER > Scotch tape was having a sale on skirts.

**REBEL** > Hair styled













Fan

atics





# WHEN BAD CLOTHES HAPPEN TO GOOD PEOPLE In Houston In NYC In Beverly Hills Feb. 1. Feb. 4. Feb. 6.



**CHRISSY TEIGEN BERNHOLTZ** > Do not adjust your screen. This is only a test. MILLER > Wave goodbye to that dress. RYAN & CAROLINE > Ariana Grande wants her ponytail back.

# JEMIMA KIRKE

WILLIAMS > Everyone in the 1800s wore this better. **BERK** > Her sister wives had the night off. MILLER > Maybe Robin Hood will save her from this outfit.





of statues, this

winners will get

defendant gilt-y.

year's Oscar

Laura Dern. BERK > I find the

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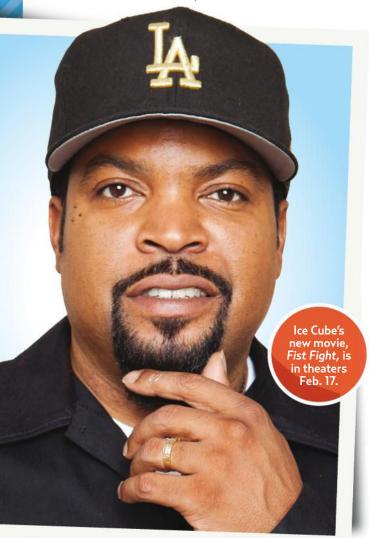
RANK THESE STYLE OFFENDERS AT **USMAGAZINE.COM** 



# THINGS YOU DON'T **KNOW ABOUT ME**

BY Ice Cube

The Compton, California—raised rapper turned actor, 47, expresses himself for Us





Fatburger is my favorite fast-food place. I always order a Fatburger with cheese, mustard, mayo and egg.

- 2. The artist dead or alive I'd most like to collaborate with is Prince.
- 3. Not a day goes by that I don't thank God.
- 4. To keep it gangsta, you gotta wear all black.
- 5. The greatest part of being a dad is teaching your kids [O'Shea, 26, Darrell, 24, Kareema, 23, and Shareef, 21] to be responsible people.
- 6. Mutual respect has been my secret to a happy marriage with my wife, Kimberly.

Twitter is the app I use most. It's becoming a problem, lol.

8. The hardest part about being an actor is pulling up so many different emotions. 9. My homeboy Kebo gave me the best advice I've ever received: Mind your own business and you'll live longer. 10. The best thing about

my hometown of Compton is the people.

11. If I could have any superhero power, it would be to fly.

 Hands down, my favorite musical artist of all time is Michael Jackson. King of Pop forever.



13. The craziest thing a fan ever did to me was grab my face. It freaked me out! 14. The last time I hung out with Dr. Dre was right after N.W.A. were inducted into the Rock & Roll Hall of Fame. That was an amazing night we will always remember. 15. My personal motto is

"Kick ass and take names."

💟 🏻 Jaws is my favorite movie.

17. The most important lesson I try to instill in my kids is: Nobody loves you more than your family. 18. I keep the head of the anaconda from my 1997 movie Anaconda on a shelf. 19. My TV is always turned to ESPN's SportsCenter. I watch it all day and all night long. **20.** Craig from Friday is the character I've played who I relate to the most.



When I was a kid, my bike was my most treasured possession.

- 22. The first thing I do when I wake up is open mv eves. Duh.
- 23. The last time I was starstruck was when I met the civil rights activist Dick Gregory.
- **24.** The person I text the most who isn't in my family is my manager.
- 25. AmeriKKKa's Most Wanted is the album cover I'm most proud of. It still makes me smile.



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